



protect  
your kids,  
family, and  
environment

Ending opioid misuse in our  
community begins in our homes.

**SAFELY STORE AND DISPOSE  
OF OPIOID MEDICATIONS.**

- ✓ **LOCK UP** opioid medications in a cabinet, drawer, medicine safe, or locking bag.
- ✓ **DISPOSE** of unused pills at a take back site to keep your family, home, and environment safe. Find one at [TakeBackYourMeds.org](https://TakeBackYourMeds.org).
- ✓ **ASK** a nurse, doctor, behavioral health provider, or pharmacist about safe opioid disposal near you.

Learn more at  
[WATribalOpioidSolutions.com](https://WATribalOpioidSolutions.com)



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## STOP OPIOID ABUSE

You can make a difference.

Overdose rates in Indian Country are nearly triple the rate of any other community in Washington.<sup>1</sup>

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75 percent of opioid misuse starts with people using medication that wasn't prescribed for them – usually taken from a friend or family member.<sup>2</sup>

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Washington State  
Health Care Authority

Sources: <sup>1</sup>Washington State Department of Health

<sup>2</sup>Substance Abuse and Mental Health Services Administration

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