



journey to recovery

STOP OPIOID ABUSE

Overdose rates in Indian Country are nearly triple the rate of any other community in Washington.¹

Opioids are a leading cause of injury related deaths in our state.¹ 75 percent of opioid misuse starts with people using medication that wasn't prescribed for them – usually taken from a friend or family member.²

Medication Assisted Treatment (MAT) can provide the help you need to recover from opioid dependency.

- ✓ No single treatment is right for everyone.
- ✓ MAT can help you stabilize your life.

Everyone's road to recovery is different³

- Addiction is a complex but treatable disease that affects brain function and behavior.
- People need to have quick access to treatment.
- Effective treatment addresses all of the patient's needs, not just his or her drug use.
- Staying in treatment long enough is critical.
- Counseling and other behavioral therapies are the most commonly used forms of treatment.
- Medications are often an important part of treatment, especially when combined with behavioral therapies.

¹Source: Washington State Department of Health

²Source: Substance Abuse and Mental Health Services Administration

³Source: National Institute on Drug Abuse

Learn more at
WATribalOpioidSolutions.com